

Care Element	Intervention	RISK Prevention Tags	
Disease Process	Assess cardiac/circulatory status: VS; heart rate/rhythm; orthostatic BP, dyspnea, lung sounds, cough, chest/cardiac pain, weight and edema.	ACHERPREV	
	Evaluate weight/symptom log.	ACHERPREV	
	Assess (since the last visit) if the patient used the ER, Hospital or unplanned physician office visit.	ACHEREVENT	
	Provide contact phone numbers and who to contact during evenings and weekends for symptoms/concerns.	ACHERPREV	
	Evaluate knowledge of S/S to report to RN/Therapist or Physician and those that need immediate medical attention. (Refer to Zone/Red Flag Plan). Use Teach Back Method to determine comprehension. Ask patient to repeat IN THEIR OWN WORDS.	ACHERPREV,InfectionPREV	
	Instruct on use of weight/symptom log.	ACHERPREV	
	Instruct on self-monitoring techniques related to cardiac condition and actions to take with abnormal findings.	ACHERPREV	
	Instruct to avoid stressors that may precipitate exacerbation of disease (including fatigue, temperature extremes and infection).	ACHERPREV	
	Evaluate compliance with self-monitoring activities related to cardiac condition and actions to take with abnormal findings.	ACHERPREV	
	Instruct on potential effects of noncompliance with plan of care.	ACHERPREV	
	Evaluate ability to manage health status independently.	ACHERPREV	
	Medications	Assess (ask to see all medication & supplements) whether correct medications/supplements are in home. Review with patient/caregiver and reconcile medications, identify medication issues, make corrections and emphasize changes in regimen. Leave up-to-date medication profile and schedule in the home.	ACHERPREV
		Assess for medication effectiveness/symptom control, side effects, compliance, other issues and for medication changes, review and update medication profile (reconcile medications) as needed.	ACHERPREV, MedMgmtPREV, MedMgmtEVENT
		Instruct on purpose, action and side effects and how to monitor effectiveness of one or two medication/supplements and how and when to report medication problems.	ACHERPREV, MedMgmtPREV
Instruct on strategies to improve medication self-administration (pill box / medi-planner / med pre-fill) and simplification plan to support a manageable system and compliance.		ACHERPREV, MedMgmtPREV	
Instruct on why it is important for current healthcare providers (including pharmacies) to have a complete list of medication/supplements; and why it is recommended to use one pharmacy.		ACHERPREV, MedMgmtPREV	
Evaluate knowledge of the importance for a realistic plan for refilling medications before running out and evaluate if the patient/caregiver has a plan in place.		ACHERPREV, MedMgmtPREV	
Instruct not to take over-the-counter medications and supplements without consulting physician, especially those high in sodium.		ACHERPREV, MedMgmtPREV	
Instruct on S/S of electrolyte (sodium, potassium, calcium) imbalance related to medications and actions to take.		ACHERPREV	
Evaluate and update medication profile with patient / caregiver and evaluate knowledge of actions, doses, side effects and times of medications to continue following discharge.		ACHERPREV, MedMgmtPREV	
Evaluate and ensure current list of medications is left in home before discharge from services.		ACHERPREV, MedMgmtPREV	
Nut/Hyd/Elim		Evaluate compliance with diet.	ACHERPREV
		Instruct on S/S of dehydration, effects on disease process and actions to take.	ACHERPREV
	Instruct on foods high in potassium if on potassium-depleting diuretic; provide list of foods containing potassium.	ACHERPREV	
Activity	Instruct to change from lying, sitting and standing positions slowly.	FallPREV	
	Instruct on importance of frequent rest periods, pacing activities and avoiding overexertion.	ACHERPREV, FallPREV	
	Instruct on and demonstrate use of semi Fowlers or full Fowler's position to decrease dyspnea and orthopnea (improve breathing).	ACHERPREV	
	Evaluate compliance with activity measures to improve cardiac status.	ACHERPREV	
Safety	Assess for correct/safe equipment use including assistive devices used in transfer activities.	FallPREV	
	Instruct on basic home safety precautions to prevent injuries/falls.	FallPREV	

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	Instruct on principles of Standard Precautions (proper handling/disposal of items coming in contact with body fluids).	InfectionPREV
	Evaluate compliance with Standard Precautions.	InfectionPREV
	Evaluate compliance with safe use of equipment or assistive devices, instruct as needed.	FallPREV
	Evaluate compliance with home safety precautions to prevent injuries/falls.	FallPREV
	Evaluate ability to maintain care/safety in home environment.	FallPREV
Psychosocial	Assess ability to purchase necessary supplies, food, etc., needed for treatment.	ACHERPREV, MedMgmtPREV
	Evaluate adaptation to disease process and treatment requirements.	ACHERPREV
InterTEAM/ Community	POST-HOSPITAL: Instruct pt/cg on need for primary care or specialist physician or other service follow-up appointments that need to be made within 7 days post hospital discharge. Identify barriers and assist in making and attending appointment(s) or provide phone numbers and timeframes.	ACHERPREV
	Instruct on the importance of a Personal Health Record (PHR), its components, and the need to share with all healthcare providers.	ACHERPREV
	Assess for next physician appointment (Date).	ACHERPREV
	POST-HOSPITAL: Identify if follow-up physician appointments have been made for within 7 days of discharge from hospital. Intervene to set up appointments if not scheduled.	ACHERPREV
	POST-HOSPITAL: Assess if physician follow-up appointment was kept within 7 days of discharge from hospital.	ACHERPREV
	Instruct on community resources and support groups that can assist in maintaining positive health behavior, meeting long-term care needs and evaluate ability to access resources.	ACHERPREV
	Initiate discussion of discharge/transition plans with patient/caregiver.	ACHERPREV
	Evaluate and update patient's Personal Health Record (PHR) with changes in medications, diet, activity, allergies, s/s to monitor, etc.	ACHERPREV
	Evaluate knowledge of and agreement with discharge plans.	ACHERPREV
	Instruct on how and why to reorder, obtain equipment, supplies, medications and lab tests following discharge.	ACHERPREV, MedMgmtPREV
	Instruct on importance of follow-up with physician/other services.	ACHERPREV
	Evaluate plans for obtaining equipment, supplies, medication prescription refills and lab tests after discharge.	ACHERPREV, MedMgmtPREV
	Evaluate plans to follow-up with physician/other services.	ACHERPREV