

Care Element	Intervention	VBP/HHQI Tags
Disease Process	Assess cardiac/circulatory status: VS; heart rate/rhythm; orthostatic BP, dyspnea, lung sounds, cough, chest/cardiac pain, weight and edema.	M1400
	Assess (since the last visit) if the patient used the ER, Hospital or unplanned physician office visit.	M2301, M2310
	Evaluate knowledge of S/S to report to RN/Therapist or Physician and those that need immediate medical attention. (Refer to Zone/Red Flag Plan). Use Teach Back Method to determine comprehension. Ask patient to repeat IN THEIR OWN WORDS.	M2301
	Evaluate compliance with self-monitoring activities related to cardiac condition and actions to take with abnormal findings.	M2301, M1400
	Instruct on potential effects of noncompliance with plan of care.	M2301
Medications	Assess for medication effectiveness/symptom control, side effects, compliance, other issues and for medication changes, review and update medication profile (reconcile medications) as needed.	M2001
	Instruct on purpose, action and side effects and how to monitor effectiveness of one or two medication/supplements and how and when to report medication problems.	M2010, M2016
	Instruct on strategies to improve medication self-administration (pill box / medi-planner / med pre-fill) and simplification plan to support a manageable system and compliance.	M2020, M2030
	Instruct on why it is important for current healthcare providers (including pharmacies) to have a complete list of medication/supplements; and why it is recommended to use one pharmacy.	M2020, M2030
	Evaluate knowledge of the importance for a realistic plan for refilling medications before	M2020, M2030
	Instruct on S/S of electrolyte (sodium, potassium, calcium) imbalance related to medications and actions to take.	M2016
	Evaluate and ensure current list of medications is left in home before discharge from services.	M2020, M2030
Nut/Hyd/Elim	Evaluate compliance with diet.	M2301
	Instruct on S/S of dehydration, effects on disease process and actions to take.	M2301
Activity	Instruct to change from lying, sitting and standing positions slowly.	J1800
	Instruct on importance of frequent rest periods, pacing activities and avoiding overexertion.	M1400, J1800, M2301
Safety	Assess for correct/safe equipment use including assistive devices used in transfer activities.	J1800, M2401b
	Instruct on basic home safety precautions to prevent injuries/falls.	M2401b, J1800
	Evaluate compliance with safe use of equipment or assistive devices, instruct as needed.	M1800, J1800, M2401b
InterTEAM/ Community	Evaluate ability to maintain care/safety in home environment.	M2401b, J1800
	POST-HOSPITAL: Instruct pt/cg on need for primary care or specialist physician or other service follow-up appointments that need to be made within 7 days post hospital discharge. Identify barriers and assist in making and attending appointment(s) or provide phone numbers and timeframes.	M2301
	Instruct on the importance of a Personal Health Record (PHR), its components, and the need to share with all healthcare providers.	M2301
	Assess for next physician appointment (Date).	M2301
	Instruct on community resources and support groups that can assist in maintaining positive health behavior, meeting long-term care needs and evaluate ability to access resources.	M2301
	Initiate discussion of discharge/transition plans with patient/caregiver.	M2301
	Evaluate and update patient's Personal Health Record (PHR) with changes in medications, diet, activity, allergies, s/s to monitor, etc.	M2301
	Evaluate knowledge of and agreement with discharge plans.	M2301